

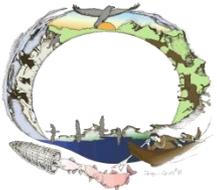
# “Fine” to breathe?

Frank Yaska

Tobacco Prevention Policy Specialist

907-452-8251

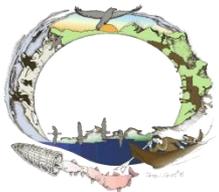
[frank.yaska@tananachiefs.org](mailto:frank.yaska@tananachiefs.org)



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# Who I am

- \* Born resident of Fairbanks 20+ years
- \* Health Educator for TCC
- \* Seven years in Health Education
- \* Heavily Involved in Fairbanks Arts Community



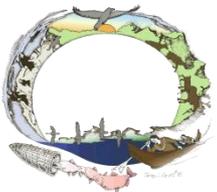
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# TCC Vision

- \* Healthy, Strong, Unified Tribes

## Health Services

- \* Healthy People Across Generations

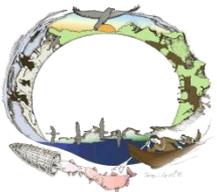


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# “Fine” to breathe?

## Particulate Matter

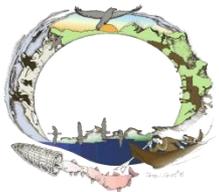
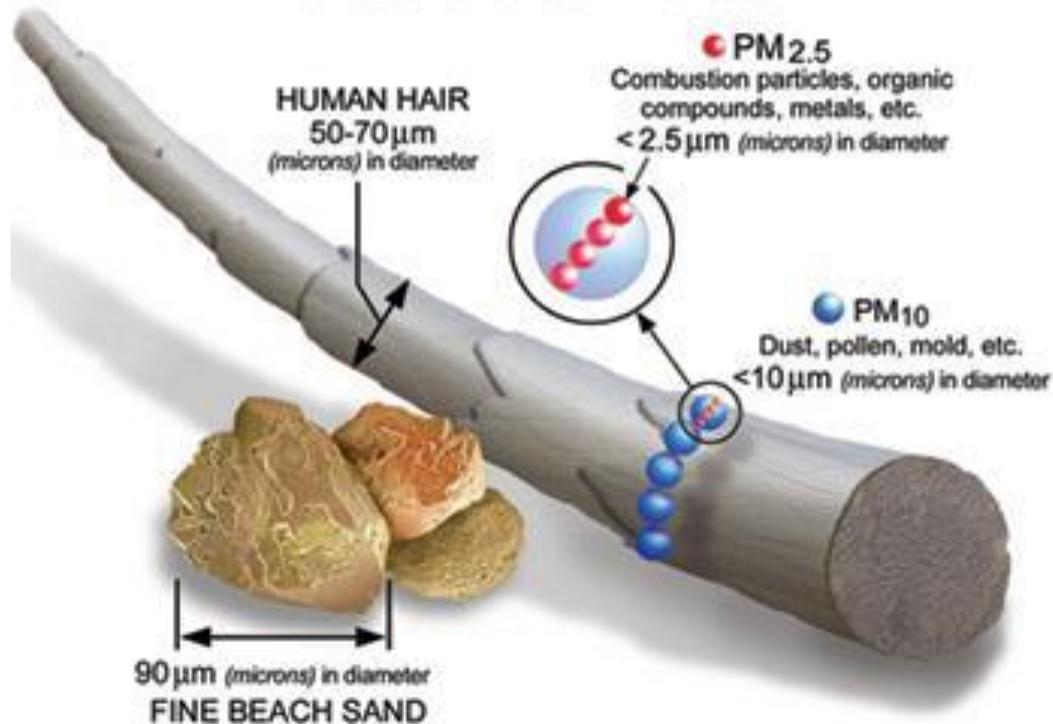
- \* Particles found in the air, including dust, dirt, soot, smoke, and liquid droplets.



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# “Fine” to breathe?

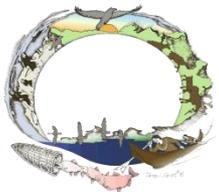
## Relative Size of Particulate Matter



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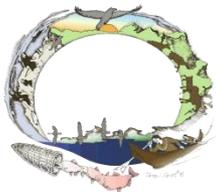
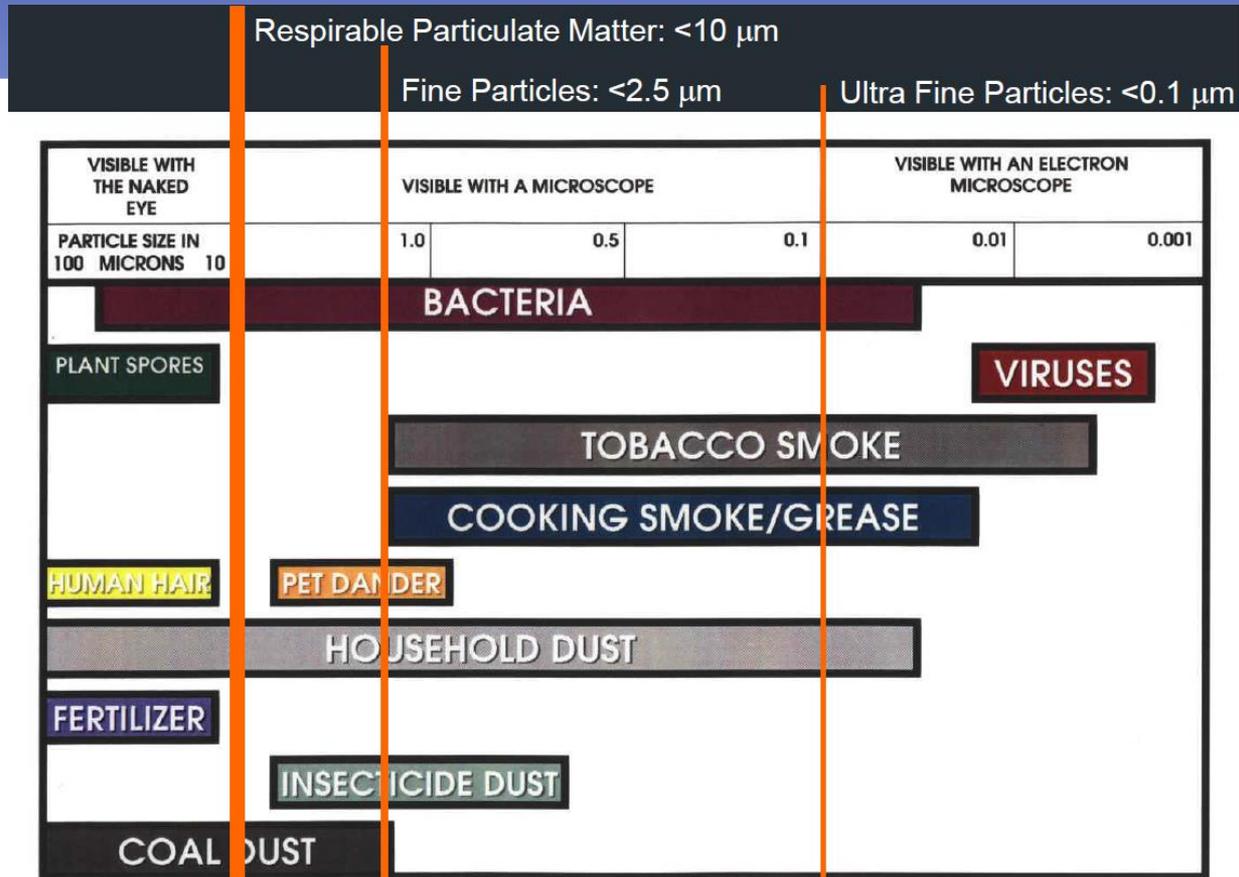
# “Fine” to breathe?

- \* Particles less than 2.5 micrometers in diameter (PM 2.5) are referred to as “Fine” particles and are believed to pose the greatest health risks.



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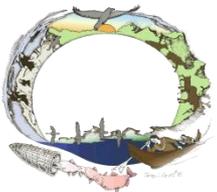
# “Fine” to breathe?



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# “Fine” to breathe?

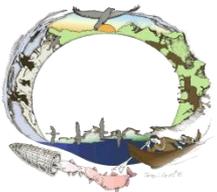
- \* Overwhelming research on respiratory dangers of PM 2.5.
- \* Significant correlation between fine particle pollutants and respiratory morbidity and mortality.
- \* Leads to an elevated morbidity and mortality of a population.



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# Not Fine

- \* Call to action: Ordinance on Clean Air Best Practices: Smoke-free Indoors, EPA Home-Heating Standards- Guidance on proper home-heating for clean air (prohibit green wood burning), Reinstate vehicle inspection and maintenance program

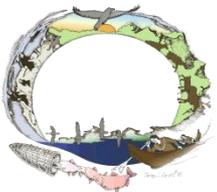


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# Thank You

- \* Enaa Baasee'
- \* Mahsi' Choo

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